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HOW DRUNK HISTORY WENT FROM A COMEDY BIT TO AN ONLINE AND TELEVISION HIT (AT LEAST THAT'S HOW WE REMEMBER IT) PAGE 11

Blame game begins in train derailment

Finger-pointing has started as investigators look for causes of the crash in which the death toll is still rising PAGE 4

Not everyone sad to see Vic Toews resign

Public safety minister was a polarizing political figure — one NDP-er says he won't miss his insults PAGE 6

T.O.'s feeling good about the Jays again

Jays manager John Gibbons believes the team can pull off a second-half surge to make the playoffs — do you? PAGE 21

Heavy rains drench GTA

Thunderstorms wreak havoc on roads. More rain in the forecast as city copes with flooding

JESSICA SMITH
jessica.smith@metronews.ca

A torrential rainstorm drenched Toronto Monday evening, leaving subway commuters stranded, cars bobbing in water-logged underpasses, the Don Valley Parkway flooded and about 300,000 people without power.

Environment Canada reported 106 mm of rain fell at Pearson Airport by 8 p.m. and they predicted more thunderstorms on their way.

"Not quite a record yet in terms of single-day rainfall," says meteorologist Mark Seifert. "It's getting close. The single day record is 121.4 mm, and that dates back to (Hurricane Hazel in) 1954."

The heaviest rain fell between 5 and 7 p.m. and caused flash flooding.

"In the next couple of days there are thunderstorms forecast," Seifert says, adding they are expected to be similar "heavy rain producers" to Monday night's storm, but it is difficult to tell exactly where they will hit and if Toronto will be as seriously affected.

With the soil already saturated, the rain could cause further problems, he said.

A GO Train stopped and flooded near the Bayview extension, causing the police to send a marine unit out to rescue passengers who were trapped for hours.

The flooding also shut down the subway between Downsview and St. Clair West, Osgoode and Bloor, Lawrence and Finch and between Ossington and Kipling, as well the entire Sheppard Line.

Hydro Toronto reported 300,000 customers without electricity across Toronto. Enersource reported about 80 per cent of Mississauga was without power in the early evening, although some of the city was back online by press time.

Police were busy helping "many" people who became trapped in their vehicles after they stalled in floodwaters and others who became trapped in elevators, according to spokeswoman Const. Wendy Drummond.

"We're urging people to stay on the line if they have an emergency and wait for a call taker to answer," she says. "911 is for emergencies and we'd like to keep that line available."

Police were also warned by the Toronto and Region Conservation Authority that the banks of the Don Valley River were at risk of collapse in the Hoggs Hollow area.

A tow-truck driver walks back through flood waters after hooking up a car to pull it out of the water on the Don Valley Parkway on Monday. Severe thunderstorms caused major flooding and power outages around the city. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Where's our mayor?

Ford idles during storm

A Toronto reporter tweeted that he interviewed Mayor Rob Ford, who said the power is still out at his house and he's "in the SUV with his kids trying to stay cool."

Tweeters didn't seem too pleased.

@robertbkennedy
Anybody seen Rob Ford? Helloooo! Mayor? Your city is floating. Any words of comfort? Assurance? Where to get a good canoe? ANYTHING!

@mattlundy33
Climate change, personified: during massive flooding, Rob Ford is reportedly blasting A/C in his SUV. #stormTO

@jessehawken
Rob Ford hiding in his SUV cranking the AC is an image that will haunt me

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Police probe. Ex-Wynne adviser facing child-porn charges

A child-exploitation investigation that spanned from New Zealand to Canada has resulted in the arrest of Benjamin Levin, a celebrated U of T education professor and highly regarded civil servant.

Benjamin Levin
TORSTAR NEWS SERVICE

The father of three, who was named to Premier Kathleen Wynne's transition team in January, will "vigorously defend" against the charges, lawyer Gerald Chan said on Monday.

Police in New Zealand made contact with a suspect on an open online forum in January, said Jon Peacock, a senior inspector with a New Zealand squad that specializes in online child-abuse investigations. After several months of sporadic contact, the suspect sent "child-abuse materials" to the investigator, Peacock said. "As soon as that happened, we sent it to our colleagues at Toronto sex crimes," he said.

Toronto police charged Levin, 61, with two counts of distributing child pornography and one count each of making child pornography, counselling to commit an indictable offence and agreeing to or arranging for a sexual offence against a child under 16.

Levin was named to Wynne's transition team after she became leader of the Ontario Liberal Party in January.

At Queen's Park, Wynne's office said it could not comment on a matter under investigation and referred all questions to the police.

TORSTAR NEWS SERVICE

Thousands stranded as deluge swamps subway

Anxious commuters line up for shuttle buses at Yonge and Queen on Monday after all of Toronto's subway service was temporarily halted due to power and signal issues. Some stations were also flooded. Partial service later resumed but large parts of the system were still shut down by Monday evening. Go Train commuter service was also disrupted after portions of track along the western Lake Shore and Richmond Hill lines were left underwater.

DAVID VAN DYKE/METRO

Ontario Tories embrace Rob Ford

Political love-in. PC leader plays down gas-plant cancellations in Holyday byelection campaign launch

Citizen of Ford Nation

"I appreciate Mayor Ford's contribution to say: 'You know what, Doug, I'm going to free you up. You've got to clean up that mess at Queen's Park.'"

PC Leader Tim Hudak

The Progressive Conservatives are playing up their connections to Mayor Rob Ford and playing down the Liberals' gas-plant cancellation in the Etobicoke-Lakeshore byelection.

In a strategic reversal on both fronts, PC Leader Tim Hudak appeared at the same podium with Ford on Monday to launch Deputy Mayor Doug Holyday's campaign for the Aug. 1 vote.

But Hudak, whose usual stump speech thunders against the Liberals' $585-million axing of power plants in Mississauga and Oakville to win seats in the 2011 election, pointedly did not mention the cancellation.

"I was trying to keep it short considering the 90-degree heat," Hudak said when asked about the omission at the Kipling Avenue kickoff.

In fact, scrapping the nearby Sherway Gardens gas plant in September 2011 was popular in Etobicoke-Lakeshore as well as in neighbouring ridings, which is why the Liberals, Tories and New Democrats all jumped on the bandwagon at the time.

"The mistake was putting it there in the first place. They didn't care how much money it cost to get 'em out of there," said Holyday, who also didn't utter a word about the gas plants until asked by a reporter after his speech to supporters.

Hudak, who skipped the Ford family's massive political barbecue in Scarborough on Friday night, had distanced himself from the embattled mayor since allegations surfaced in May of apparent crack-cocaine use.

On Monday, Hudak said he was "really pleased that Mayor Ford has come here for Doug Holyday."

"I appreciate Mayor Ford's contribution to say: 'You know what, Doug, I'm going to free you up. You've got to clean up that mess at Queen's Park,' he said, adding that Coun. Doug Ford, who was also in attendance, would be welcome as a Tory candidate, too.

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Asiana crash. Coroner to verify findings on whether girl was killed by fire truck

A coroner said Monday he would not report for "at least two or three weeks" whether one of the two Chinese girls who died in the Asiana Airlines plane crash in San Francisco was struck and killed by an emergency vehicle.

San Mateo County Coroner Robert Foucrault said that while autopsies of the two teens have been completed, he wants to review information from the public-safety agencies that responded to Saturday's crash and audio dispatch files before determining their causes of death.

"This is a very high-profile case and has obviously generated a lot of attention," Foucrault said. "I want to make absolutely sure my conclusions are correct."

San Francisco fire officials acknowledged that one of their trucks may have struck one of the two girls, who were the only fatalities.

The two victims, Ye Mengyuan, left, and Wang Linjia, in an undated photo. THE ASSOCIATED PRESS

Federal accident investigators have reviewed airport surveillance footage to see if it showed someone being struck by a fire truck on the runway and found "it wasn't conclusive," National Transportation Safety Board chairwoman Deborah Hersman said. THE ASSOCIATED PRESS

Egypt. Brotherhood calls for all-out rebellion after protest ends in 54 deaths

Egyptian soldiers and police clashed with Islamists protesting the military coup in bloodshed that left at least 51 protesters and three members of the security forces dead, officials and witnesses said.

The deaths plunged the country deeper into crisis, with calls by the Muslim Brotherhood's political party for all-out rebellion against the army.

The carnage outside the Republican Guard building in Cairo marked the single biggest death toll since massive protests forced President Mohammed Morsi's government from power.

Even before all the bodies were counted, there were conflicting accounts on how the violence began. The pro-Morsi protesters said the troops attacked without provocation just after their dawn prayers. The military said it came under a heavy assault, first by gunmen who killed an army officer and two policemen.

Witnesses from outside the protest camp said troops appeared to be moving to clear the days-old sit-in and were firing tear gas when gunfire erupted. More than 400 were wounded in the mayhem, officials said. THE ASSOCIATED PRESS

Players point fingers while town carries on

Lac-Mégantic disaster. Rail company and the fire service of a nearby town blame each other

The finger-pointing has begun in Quebec while investigators search for causes of a devastating train derailment that has triggered a still-rising death toll.

Statements from various players pointed Monday to a possible dispute about what happened and who's to blame.

The main antagonists are a rail company and the municipal fire department in a town near the ruined Lac-Mégantic.

The fire chief in Nantes, Que., said he can't believe a train was left running and unattended in the hours before the disaster, when it had already just been in flames.

Patrick Lambert said his team had been trained by the Montreal, Maine & Atlantic railway to handle fires on its line — and that it had fought four fires on the company's trains in the last eight years.

Firefighters intervened late Friday to put out the blaze in Nantes, about 10 kilometres up a slope from Lac-Mégantic.

Hours later, that same train rolled down into Lac-Mégantic, derailed and exploded, killing at least 13 people and leaving nearly 40 more missing.

Lambert said the engine was shut off as per standard procedure and the blaze was extinguished in under an hour.

"The people from MMA told us, 'That's great — the train is secure,'" Lambert told reporters. "We were given our leave."

The rail company tells the story differently.

Raymond Lafontaine, who lost a son and two daughters-in-law, hugs Maud Verrault, who worked at the Music-Cafe Bar and lost friends and colleagues, at the Lac-Mégantic refugee centre on Monday. RYAN REMIORZ/THE CANADIAN PRESS

Edward Burkhardt, the president and CEO of parent company Rail World Inc., suggested Monday that the fire crew didn't do enough — and that the decision to shut off the engine to put out the fire may have disabled the brakes.

"As the air pressure deflates, (the brakes) will become ineffective and an hour or so after the locomotive was shut down, the train rolled away," Burkhardt told the CBC on Monday.

While the fire service said it left the train in the care of a track-maintenance employee, Burkhardt said it's possible that person might not have known how to secure the breaks.

"Why did they not rouse the engineer (from bed) and take them out there with them?" he asked. THE CANADIAN PRESS

New reality in Lac-Mégantic

The town of Lac-Mégantic began its work week in anything but working order.

- **Ruin.** Dozens of businesses and homes were destroyed. A grocery store, a dollar store and a popular bar are gone. So is the municipal library. Other areas are off-limits.
- **Death.** The coroner's office asked relatives of people missing to provide DNA — like on a toothbrush — to help identify victims.
- **Sympathy.** From England, the Queen offered her condolences Monday for what she described as a shocking loss of life.

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Men in the eye of the tigers rescued

Five-day standoff. One of six men fatally mauled after cub was accidentally captured

Rescuers on Monday reached five men trapped in trees by several Sumatran tigers for five days after the angry animals mauled a sixth man to death, police said.

First Lt. Surya Purba said three tamers managed to drive the tigers away before the men who were in weak condition were evacuated from trees in the protected Mount Leuser National Park in Indonesia.

The men were looking for rare agarwood — used to make incense and perfume — and accidently caught a tiger cub in a trap they were using to catch deer for food, said district police chief Lt. Col. Dicky Sondani.

The incident caused five other tigers in the area to attack the men, Sondani said. One of the men was mauled to death, while the five others managed to climb into trees.

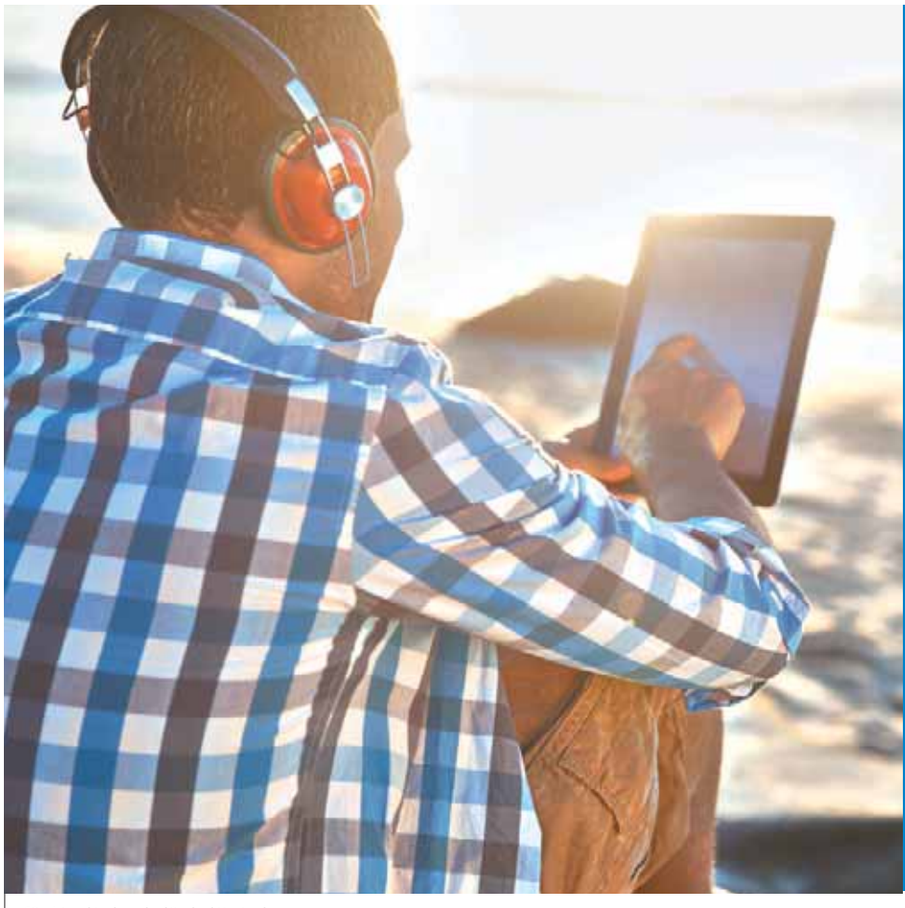
The rescue team needed three days to reach the rugged area, said Sondani, who was worried that the men could be weak and fall from the trees due to a lack of food.

THE ASSOCIATED PRESS

A little doe in the Big Apple

This photo shows a newborn Southern pudu, native to Chile and Argentina, a member of the world's smallest deer species, that was born at the Queens Zoo last month in New York. The doe weighed 1 pound at birth.

JULIE LARSEN MAHER/ WILDLIFE CONSERVATION SOCIETY/ THE ASSOCIATED PRESS



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Province, RCMP looking into GuZoo animal farm

Provincial government officials are "following up" on new photos and videos it became aware of Monday that are fuelling criticism against Alberta's roadside GuZoo.

Carrie Sancartier, spokesperson for Alberta Sustainable Resource Development, said it's too early to determine if the facility, which had its licence revoked in 2011 and then reinstated under strict guidelines, violated operating procedures.

"We are going to follow up and find out as much as we can about the video and go from there," Sancartier said.

Metro first reported Sunday on new footage and photos from the controversial facility, which opened in 1990. It appeared to show filth in birdcages, maggots in food left in a cage with domestic cats and at least four animal carcasses stacked by other trash.

"Domestic terrorists is what they are," owner Lynn Gustafson said of the whistleblower who shot the video.

JEREMY NOLAIS/METRO IN CALGARY, WITH FILES FROM THE CANADIAN PRESS

Windsor

Cops find more than 100 dead cats

An Ontario man has pleaded guilty to charges stemming from the discovery of dead cats in his freezer and refrigerator. Authorities say 155 dead felines and 49 living ones were found in a one-bedroom apartment in downtown Windsor last December following complaints. THE ASSOCIATED PRESS

Orphaned. Grizzly on the wagon home from rehab

An orphaned grizzly bear that was found near starvation six months ago headed back home to the wild in Golden, B.C., on Monday after filling up on grapes at a rehabilitation centre that nursed it back to health.

Tika, whose name means Brave One in a First Nations language, was cared for at the Northern Lights Wildlife Society, which runs a unique pilot project in partnership with the International Fund for Animal Welfare and British Columbia's forests and environment ministries.

The grizzly wandered into a backyard last December and was captured by a conservation officer and then brought to the centre in Smithers, B.C., just before Christmas.

THE CANADIAN PRESS

Buckingham Playschool

Royal baby will have a cousin to play with

Buckingham Palace says Queen Elizabeth II's granddaughter Zara Phillips — the 14th in line to the British throne — and rugby star Mike Tindall are expecting their first child in the new year.

THE CANADIAN PRESS

A true prince(ss)

Can Your Royal Highness say "da-da"?

The newest member of the royal family will be crowned His or Her Royal Highness the Prince or Princess of Cambridge, according to the Daily Mail. Parents Will and Kate are the Duke and Duchess of Cambridge.

METRO WORLD NEWS

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Toews says he leaves us with a safer nation

Public safety minister. Resignation comes in leadup to anticipated cabinet shuffle

A federal cabinet minister who suggested his opponents were allies of child pornographers and saw details of his sordid divorce on social media while he argued for increased Internet surveillance is leaving politics.

Public Safety Minister Vic Toews announced Monday, in the leadup to an anticipated cabinet shuffle, that he was resigning as MP for the Manitoba riding of Provencher effective Tuesday.

"I am leaving public life in order to focus on my family and to pursue opportunities in the private sector," Toews said in a news release.

Toews, 60, was first elected to the House of Commons in 2000. In the last federal election in 2011, he won the seat for the Conservatives with just over 70 per cent of the vote.

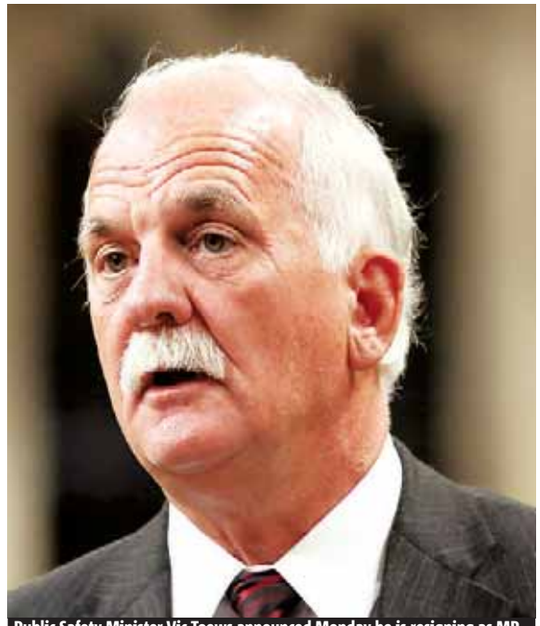
"One of the commitments I made to my spouse by the time my young son goes to school, I will have left politics. He is entering Grade 1 this year," he told radio station CHSM in Steinbach, Man.

He said he leaves public office "at a time when I believe our country is more sensitive to the needs of victims, more fiscally sound and safer for citizens and future generations of Canadians." THE CANADIAN PRESS

Not a friend to all

Not everyone will miss Toews.

- "All too often we saw spite and short-sightedness instead of gravitas," said federal NDP ethics critic Charlie Angus.
- "Many of my colleagues and myself won't miss his insults," added NDP justice critic Francoise Boivin.



Public Safety Minister Vic Toews announced Monday he is resigning as MP for the Manitoba riding of Provencher. THE CANADIAN PRESS FILE

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Metro World News

The European marketing world has a new trick that may prove difficult for people to escape — especially those who happen to nod off while on a train.

Ad agency BBDO Germany has been testing a system that transmits a message from the windows of train. Using so-called bone-conducting technology, the ad is activated when a commuter's head touches the glass and enters their inner ear, playing only for them.

"Passengers were pleasantly surprised," a spokesperson told Metro, following trials on public transport in North Germany with an ad for Sky Media. "It can also be used for entertainment, weather updates and so on."

Similar bone-conducting technology is used in the forthcoming Google Glass device, and the model could become common if successful.

Reaction to the innovation has been mixed, with technology author Cory Doctorow describing it as "nightmarish," while some online comments promise to smash the glass.

Quoted

"It's at the trial phase and the public reaction will decide if this takes off."

Ian Barber of the Advertising Association

An ad agency in Germany is testing out audio commercials that play when a rail passenger's head touches a train window. ISTOCK

Mortgage rules

19% of first-time homebuyers have delayed purchase

A new Bank of Montreal study suggests roughly one in five potential first-time homebuyers have postponed their purchase since Ottawa tightened Canada's mortgage rules last year. Finance Minister Jim Flaherty's introduced his new lending rule a year ago Tuesday. Since then, 19 per cent of those polled by BMO say they have decided to wait longer to buy their first home. THE CANADIAN PRESS

Market Minute

DOLLAR
94.70¢
(+0.07¢)

TSX
12,208.87 (+73.96)

OIL
$103.14 US (-8¢)

GOLD
$1,234.90 US (+$22.20)

Natural gas: $3.74 US (+12¢)
Dow Jones: 15,224.69 (+88.85)

Are the new Twinkies a bit too well-preserved?

Twinkies don't last forever, but they'll have more staying power than most people remember when they return to shelves next week. Hostess Brands LLC says the spongy yellow cakes will have a shelf life of 45 days when they start hitting stores again July 15. That's nearly three weeks longer than the 26 days that the old company — which went out of business last year — had stated as the shelf life for Twinkies. A spokeswoman for Hostess declined to say what changes were made to extend the shelf life, saying that it is proprietary information.

THE ASSOCIATED PRESS

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NARCISSISM? AT THE GYM? OBVI

SHE SAYS

Jessica Napier
metronews.ca

At 27 years old, I'm finally at a place in my life when I spend more time in sneakers than high heels. Weekends that were once spent partying are now devoted to working off the pounds I put on in my early 20s.

Every Saturday morning I haul myself out of bed to attend a ballet barre fitness class at a studio by my apartment. The hour-long class is filled with impossibly beautiful women, many of whom are trained dancers. I have all the grace of a rhinoceros in comparison to these elegant and toned swans but I figure as long as I keep showing up it's got to count for something.

The instructor, a sculpted goddess who always looks as if she just finished a photo shoot for Shape magazine, insists that everyone watch themselves in the mirrors to ensure proper form and see how our bodies look as we go through the movements.

I have a hard time with this as I've always hated the idea of working out in front of any sort of reflective surface. I associated mirror-gazing with iron-pumping body builders and women who put on a full face of makeup and curl their eyelashes before heading off to their morning pilates class.

But the more I work out, the more I've come to realize that there's something to be said for a little bit of narcissism at the gym. Sure it's vain to admire your body while curling your biceps but hey, isn't the gym the most reasonable place to exercise a bit of vanity?

If you're spending a few hours a week working out, it's not entirely unreasonable to try and look good while doing it. For me, a big part of this means investing in a good workout wardrobe. I want my clothes to be high performing; but I also want them to look reasonably stylish. I know that most exercise routines could be completed in well-worn sweats; but throwing on an oversized T-shirt just doesn't motivate me to sweat it out nearly as much as a colourful, racer-back tank top.

I've caught some flak for my substantial collection of pastel Nike Frees and $90 yoga pants — you'd think I signed a sponsorship agreement with my local Lululemon — but it's petty to criticize people for incorporating a little fashion into their fitness routine. I'd rather someone judge me on the number of push-ups I can do in a row, not because you think my outfit is trying too hard.

If you head to the gym on a regular basis to get in shape, gain strength and sculpt your body, then it's not so objectionable to dress up a little and check yourself out every once in a while.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Pride and fibreglass

DAVID PARRY/PA/THE ASSOCIATED PRESS

Firth immortalized as Mr. Darcy from Pride and Prejudice

It's Colin Firth, but not as we know him. He's 3.7 metres tall and made of fibreglass.

A statue of brooding Mr. Darcy, the character played by Firth in Pride and Prejudice, was installed Monday in London's Serpentine lake.

The figure shows Darcy emerging from the water in a soaked shirt, recreating a scene from the 1995 television adaptation of Jane Austen's novel. The scene helped turn Firth into a sex symbol and is regularly voted among Britain's most memorable TV moments.

One of the sculptors, Toby Crowther, said the work took the lake scene as a starting point but also drew on other depictions of Austen's romantic hero.

The statue, which shows Darcy from the waist up, was placed amid the swans and swimmers in the Hyde Park lake to promote Drama, a new TV channel dedicated to British programs.

It is scheduled to go on display at several locations before being installed in a lake in Lyme Park, northwest England, where the scene was filmed. It will remain there until February.

THE ASSOCIATED PRESS

Viewers have their say

"We did a survey of 2,000 TV viewers and the most iconic moment was Mr. Darcy's emergence from the lake and his meeting with Miss Bennett."

Adrian Wills, general manager of UKTV channel Drama, told U.K. newspaper the Guardian.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

So you're heading out of town and spent more time preparing your vacation wardrobe than booking your hotels. No problem. With more hotel help apps and websites around than you can throw a pina colada at, you should be able to find a place to stay faster than you can say "cerveza, por favor."

LONELY PLANET

Lonely Planet:
Known as the budget backpackers' bible, the Lonely Planet's website lets holiday makers of varying budgets find a place to stay from hostel beds to luxury resorts. Just plug in your dates, budget and LP does the rest.

Hotwire:
If you're looking for a five-star room at a one-star price, Hotwire's your site — as long as you don't mind surprises. Hotwire lets you choose the hotel based on the area and amenities you're looking for, but keeps the hotel name a secret until you've booked.

Booking.com:
Though the site does much the same as many of the other travel sites, booking.com also offers secret deals — kind of hybrid between traditional booking sites and Hotwire-type sites. It also alerts you when a room is the last available room in a hotel (which could just be a ploy to make you stop humming and hawing and book already).

Twitter

@metropicks asked: Would you smash a stranger's car window to save a dog? How about a child?

@mackaylc: What is the alternative, watching them die? I would definitely smash a window to rescue a child or animal in distress.

@canuckitude: The cost for the stranger to replace a window is nothing compared to the loss of a life. Child or Pet.

@MicheleCrystal_: my dad did for a dog when I was little! Still remember it and I def would if I saw one today

@koolkirbs: You can always buy a new window, but the life of a child cannot be replaced.

@howwon: Yes and I would stick around to snap a photo and shame them on the social media network.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: torontoletters@metronews.ca

metro

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DVD reviews

Dead Man Down

Director. Niels Arden Oplev

Stars. Colin Farrell, Noomi Rapace, Terrence Howard

●●●○○

The cautionary adage about weaving tangled webs in the process of deception certainly applies to this overwrought thriller, which topples from the weight of its own contrivances. This U.S. debut by Denmark's Niels Arden Oplev, who directed the original version of The Girl With the Dragon Tattoo, sets up a promising scenario of rival revenge seekers, played by Colin Farrell and Noomi Rapace. The premise gets knotted up through a tangle of Dragon Tattoo-style symbols, a surfeit of characters and subplots and a script by J.H. Wyman (The Mexican) that inspires snickers and eye rolls. All bets are off when the film resolves itself with the big, dumb explosive showdown.

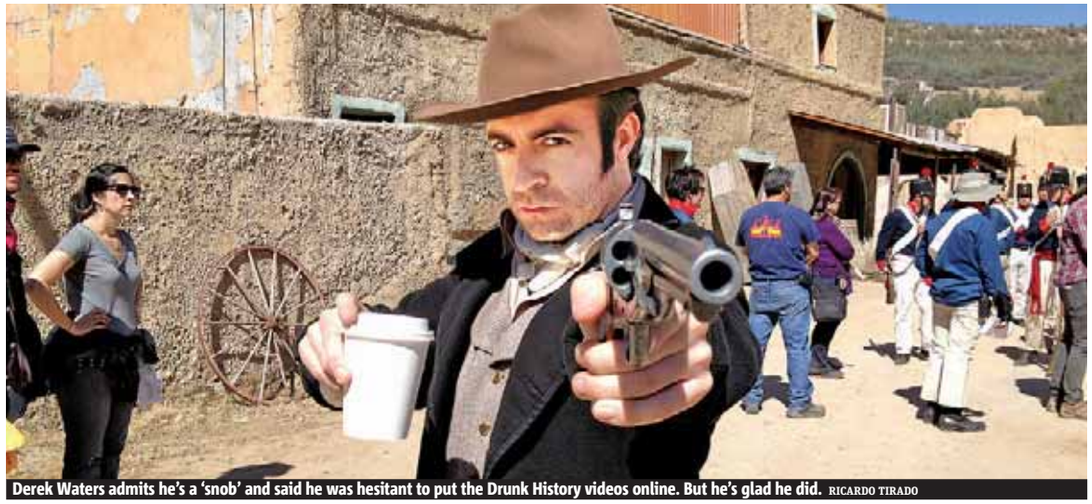
PETER HOWELL

The Gatekeepers

Director. Dror Moreh

●●●●●

A monolith crumbles in The Gatekeepers, and the sight inspires awe. Israeli documentarian Dror Moreh takes us inside the Shin Bet, his country's internal security service. He shines a spotlight not just on this shadowy operation — its motto is The Unseen Shield — but also on the conflicted intentions and mixed emotions of the men who run it. **PETER HOWELL**



Derek Waters admits he's a 'snob' and said he was hesitant to put the Drunk History videos online. But he's glad he did. RICARDO TIRADO

Lots of drinking mixed with a little thinking

Drunk History. What started as a small bit for a comedy act is now an Internet phenom and show on The Comedy Network

NOLAN GAWRON
Metro World News in New York

Drunk History began as a short film for Derek Waters' comedy act, and that's all it was supposed to be.

"Its only intent was to be for a live show I was doing," Waters reminisces. "It was my own show and I was trying to show videos. I figured it was better to make people laugh than to put it online."

But it grew into an Internet sensation picked up by Funny or Die and now, seven years later, Waters and co-creator/director Jeremy Konner are bringing their Drunk History to The Comedy Network. Waters says his initial reluctance to even put the videos online came from how people used to view Internet comedy.

"It was right when the Internet was being judged by hits over comedy. I'm still a snob, but I was a bigger one back then," he says.

"Nothing really happened until we put it on the Internet and it got on the front page of YouTube and then Jack Black saw it and said, 'I always wanted to be Ben Franklin.' And that was that. You can't really turn down Jack Black. Why would you?"

Gathering comedic friends and notable fans, Waters and Konner film drunken narrators as they tell enthusiastic historic tales warped by inebriation, brought to life by celebrities with truly hilarious results. While it's hard to imagine that the participants are actually that drunk, Waters assures us that everything, even the vomiting, is the result of unscripted excess.

"It's 100 per cent real," says Waters.

"The narrators are completely drunk and the re-enactors are completely sober. We're trying as hard as we can to tell you about history. It just so happens that it's slightly altered."

But Konner says the narrators plan enough in advance that they at least try to get their stories straight. But that never happens.

"We absolutely allow the stories to take their course," he says.

"We go in with a plan and the plan goes out the window immediately. What's been funny and interesting in this process is that people know the story very well. They do the research — which they should — they brush up and read over their books. We think we know how the story is going to go, but no!"

Drunk on star power

Drunk history airs Tuesdays at 10 p.m. ET/PT on The Comedy Network.

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The Word

@DanielRadcliffe Dear Harry Potter, I'm Gabriel, from Brazil. Your tweet has 2 mistakes: "it has been" and "amazing".

@KimKardashian, you're beautiful. I'm Ana Beatriz from Brazil, I'm 8. Look, you wrote Were, but it's "we're". Kisses.

Hi, @justinbieber! My name is Maria, I'm 9 and I'm a fan from Brazil. Watch out: it's "we're here" not "we here". :)

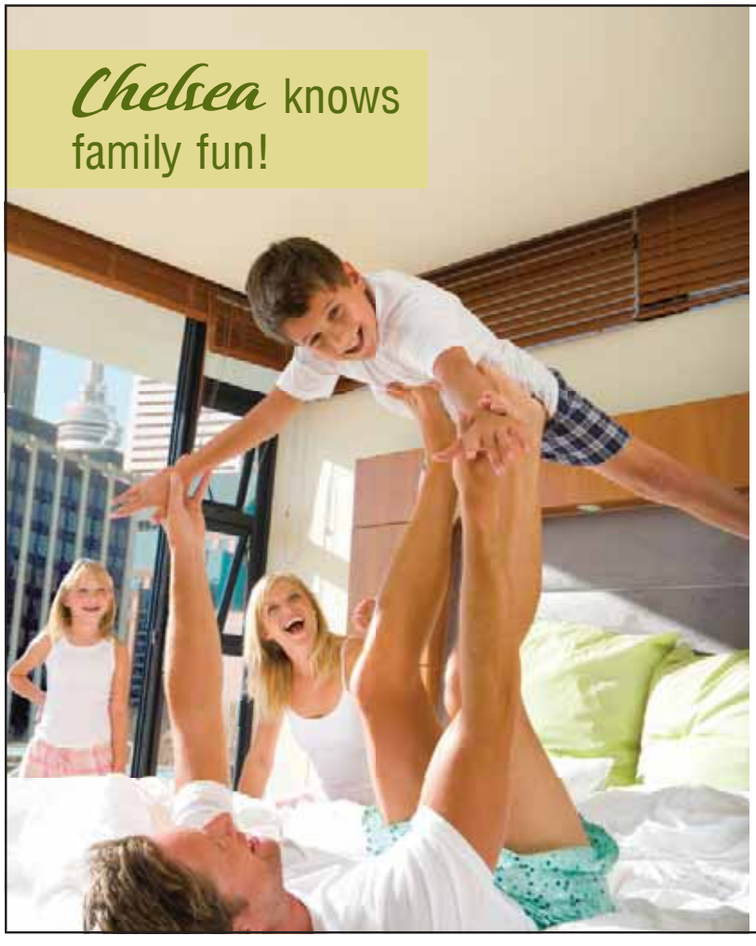
#Adorable: Brazilian kiddies kick celeb spelling butt on Twitter

JULIA FURLAN
Metro World News

The scourge of bad grammar on the Internet often begins with the people with the most visibility. From Rihanna to Miley Cyrus, misspelled words, slang and general grammar mistakes are more or less the norm — but one Brazilian English language school is seeking to change that.

The English school Red Balloon, which has schools all over Brazil, is encouraging its young students to reach out to their idols on Twitter, correcting their grammar and spelling. Tweets like "@danielradcliffe Hi Harry Potter, I'm Gabriel from Brazil. Your tweet has 2 mistakes in it: 'It has been' and 'amazing'" are often accompanied by photos of the kids looking as adorable as the entire endeavour is.

Whether anyone is actually going to pay attention to spelling and grammar on Twitter, of course, remains to be seen. Until then, the #celebgrammarcops are at it, though they have yet to get any celeb replies, and celebrities have yet to take the grammar lesson to heart. Clearly.



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Canadians may revel in the splendours of summer — hot-weather clothing and open-toe footwear, trips to the lake or seaside, and the no-fuss joy of outdoor cooking on the grill. But those lazy days of summer also come with a slew of health hazards, from bug bites and burns to sore feet and serious injuries. Here are five of those summer stresses and how to avoid them.

THE CANADIAN PRESS

5 warm weather pitfalls

Lawn mower mishaps

It seems like a simple idea — turn on the mower and cut the grass. But each year, thousands of North Americans are injured performing this gardening task, sometimes seriously. From 1990 to 2006, 1,161 Canadians went to hospital emergency departments with lawn mower-related injuries, with roughly half of them aged 14 and under, statistics gathered by the Canadian Hospitals Injury Reporting and Prevention Program show.

Foot foibles

Getting out of heavy winter boots and shoes and into open-toed and heeled footwear that makes tootsies feel cool and light. But wearing flip-flops or sandals can create unexpected problems. Thin soles can put the wearer at risk for cuts or punctures from walking over sharp objects like nails or broken glass. More often, such warm-weather apparel can lead to painful, achy feet, legs and back. Problems in the feet caused by unsupportive footwear like flip-flops can transfer to other body parts.

BBQ boo-boos

There are few things that say summer like throwing steaks or burgers on the barbie. Yet backyard grillers need to remember it's the food they want to sizzle, not themselves. Most serious burns occur either because the chef lit the outdoor grill incorrectly or used the wrong fuel, doctors say. Whatever you're cooking the use of long-handled tongs to turn the food also will help prevent searing skin or worse.

Scorching sunburn

Nasty sunburns are a common injury in the summer. With a first-degree sunburn, soothing creams such as those containing aloe vera can help, as can cold compresses. And the person should keep themselves well-hydrated with water or other non-alcoholic beverages. But with more severe burns that cause persistent redness, pain, blistering and peeling, seek medical attention.

Bug bites

While warm weather gets people outside, it also brings out the blood-sucking mosquitoes — and potentially stinging bees and wasps. As with sunburn, prevention is the best medicine when it comes to insect bites. Also, covering exposed skin with sprays or other topical products containing DEET can also discourage the little biters, as can getting rid of standing water around the home.

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Getting personal is key to selecting the right trainer

Fitness. Don't be afraid to ask lots of questions before signing up with a personal trainer that is right for you

Trust is most important when selecting a personal trainer. ISTOCK PHOTOS

Choosing a personal trainer is a lot like choosing a mate — you need someone loyal, communicative and caring. Here are some tips to help select the best one for you:

Be honest
Just like you should be honest with your physician, you should also be honest with your personal trainer — about your health and fitness goals, your health and exercise history, as well as your likes and dislikes. It is this information, along with your trainer's expertise and experience, that will assist them in developing a customized program for you.

Make sure your personalities mesh
Your training sessions should be something that you look forward to, and having a trainer that you can connect with is crucial. "Interviewing" a potential trainer during the initial training or assessment session is a great way to see if you have the right chemistry. And don't be afraid to shop around until you find it. It's so important that you work with a trainer that you feel you can trust — one who truly understands you, listens and makes each and every training session all about you.

Seek out someone committed to their education
Find a trainer who is dedicated to lifelong learning. A trainer who keeps up to date with the latest trends, the newest advances in scientific research and who also stays abreast of the most practical ways to truly engage and connect with a client demonstrates their commitment to being able to deliver the best programming and, subsequently, the best results to their clients.

Don't be afraid to ask questions
One of the telltale signs of a good trainer is someone who doesn't just give you a workout, but someone who makes each workout a fun and educational fitness experience. Tap into the wealth of knowledge that your trainer has by asking him/her questions along the way.

METRO/AMERICAN COUNCIL ON EXERCISE

Best Health

Paddle into summer's new fad sport

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Go paddleboarding. ISTOCK PHOTOS

Ever been tempted to try standup paddleboarding? Well, hop on board this summer. It's all the rage and it's great for the core muscles. In the summer issue of Best Health we feature an article on three women who got hooked on it. We also talked to experts about how to get started. Here are some tips to get you going:

Start with a lesson
A one- to two-hour session (usually $35 to $75) will cover the basics. And while it's a fairly low-risk sport, learning the correct form means you're less likely to hurt your shoulders or neck while you paddle. Go to paddlingcanada.com to find a certified instructor and a list of classes.

What to wear
Most people prefer bare feet and a swimsuit, although in cold waters you might want extra clothing and sometimes even a wetsuit.

Cost
A new, entry-level board ranges from $800 to $1,000, while the paddle is $70 and up. They're available at major sporting goods retailers. Or, rent equipment for much less.

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Don't be shady, wear the right sunglasses

Eye care. It's not just about what looks good — make sure your sun protection is actually protecting you

When it comes to eye health, most damage comes from UV light. During summertime, when we spend more time outside, the risk greatly increases.

"Sunlight literally cooks the retina," says optometrist Dr. Rupe Hansra, LensCrafters' senior director of eye care. "Over time, it becomes yellow and hard, and we begin to lose good vision."

Wearing sunglasses year-round protects the retina from damaging UVA and UVB light and can help delay the onset of cataracts, macular degeneration and even basal cell carcinomas on the eyelids.

Choosing sunglasses is serious business. ISTOCK PHOTOS

"The most common part of the body for skin cancer is the tip of the nose," Hansra says. "The second is the lower eyelid, which is very delicate and susceptible to sun damage."

So how do you choose a good pair? Here are Hansra's tips.

Just like sunscreen, look for a number
"For eye protection, a label that says UV 400 is what people should look for on sunglasses," he says.

Not sure about your glasses' protection level? Your local optometrist can test the UV prescription.

Size counts
"Typically, bigger is better. Choose large sunglasses that wrap around and block extraneous light coming from the side."

Get 'em polarized
"For driving, everyone should wear polarized sunglasses to cut down glare, which is related to so many accidents. Polarized sunglasses not only save your eyes but could save your life, too." METRO

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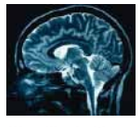
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Give kids an active (not idle) summer

With another school year in the books, Lyne Proulx is working to help ensure her son's summer down time will be more active than idle.

Proulx, from Ottawa, said her 14-year-old, Mathieu, will be helping at his grandfather's farm as well as exploring potential volunteer activities. Mathieu will likely attend day camp, as he did last summer, where he enjoyed a range of fun-filled activities. But Proulx said it won't dominate his vacation time.

"He's 14. He's not going to want to go all summer," said Proulx, founder and editor of the Ottawa Mommy Club, a moms and kids online magazine. "We do little getaways. Every week there's something planned." Proulx has had support from fellow parents, noting that when the kids were in the nine-to-11 age range, adults who were free on particular weeks would take turns rounding up the youngsters for an activity. For parents of kids who may be too young for a job or are seeking an activity that's an addition or alternative to camp this summer, here are three ways to keep them engaged.

Take on a project

Summer can be prime time to have kids tackle a new, creative challenge — and one that's a team effort. Bunch Family founder Rebecca Brown, whose website is devoted to arts, news and culture for parents, said she's heard of families who team three or four kids to take on a collective project, which could involve working on coding or creating an art installation. "It provides some structure for kids to spend their summer pursuing things that they're passionate about as a group," said Brown, a mother of two. Parents who may be lacking in technical skills or expertise needn't worry: there are plenty of kid-targeted offerings to help guide youngsters keen to try their hand at computer programming. Scratch is a project of the Lifelong Kindergarten Group at the Massachusetts Institute of Technology (MIT) Media Lab. Provided free, it's designed for kids aged eight to 16, allowing them to program interactive stories, games and animations they can then share online. Meanwhile, the Hopscotch app offers kids an introduction to programming, permitting them to create games and animations.

Get hooked on books

Got a bookworm in the family? Brown said parents can help create some structure around their child's love of reading by crafting a summer challenge, such as aiming to finish reading a designated number of books during their vacation. Regardless of whether or not kids are avid readers, there are ways to transform this typically solitary activity into an engaging group effort. The B.C.-based Teen Reading Club (TeenRC) lets youngsters convene online to share views on a vast range of books from classic to contemporary fare, post reviews and comments and share creative projects inspired by their favourite reads.

Lend your time

GetInvolved.ca aims to help simplify the process for youngsters on the hunt for volunteer opportunities by allowing applicants to narrow potential postings based on areas of interest and skill set. According to the site, summer is prime recruitment time for events-based opportunities, and individuals can also pursue virtual volunteering opportunities. The Nature Conservancy of Canada encourages individuals to share how Canada's natural places inspire them by using creative outlets such as writing or artwork. People of all ages can sign up to be roving reporters, submitting newspaper-style articles, non-fiction stories, photo essays and blog posts highlighting the work of conservation volunteers. "Not everyone can make it out into the field, but we think that encouraging people to have a positive experience related to nature is really a great thing," said Lisa McLaughlin, manager of conservation compliance with the Nature Conservancy of Canada. "This is just one more way for people to be engaged." THE CANADIAN PRESS

Ain't no rest for the children, cuz money don't grow on trees

YOUR MONEY
Alison Griffiths
money@metronews.ca

With luck, you have a working kid in the household this summer. An income is a wonderful thing when you're young. Whether it comes from mowing grass for neighbours, walking dogs, babysitting or even a lemonade stand, earned money is different than an allowance bestowed by mom and dad.

What youngsters do with those first job dollars can lay down a lifetime pattern of saving and spending.

Let kids make mistakes, by all means. I blew my first dollars earned picking strawberries on candy to feed a voracious sweet tooth. But soon I realized that saving was quite a pleasurable experience. Kids usually love to see their money grow in a piggy bank or a real bank. However, parents should also guide their spending. Saving involves not doing something, i.e. spending. On the other hand, spending is all about doing, i.e. buying.

Most people focus on saving as a key first financial lesson. But I find that children respond better, and learn more, by becoming smart spenders. Making the decision to buy this and not that hones a whole different set of skills than simply stashing money.

In fact, smart spending actually leads to saving as children quickly learn that if they want awesome Thunder trucks and an Almost deck for their skateboarding passion, they have to save. The easiest way to teach good spending habits without being heavy-handed is to pose this question: "How do you want to spend your summer money?"

Simply initiating the conversation makes a child feel responsible and, indeed, powerful. This all-important question raises all kinds of possibilities. Often youngsters don't differentiate between what they want now and what they might want later. Parents can seed their thoughts on spending by bringing the future into focus — summer or winter holidays, a big school trip or a visit to grandparents. All might entail spending — which means saving now. Instead of divvying up summer money in the classic way of spend, save, share, concentrate on allotting it to spending. Short, medium and long-term saving will flow naturally out of this.

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca

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Calling all herbivores! This grilled dish is just for you

Grilled Tofu with Maple-Soy Glaze

This recipe serves four. ROSE REISMAN

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Grilled tofu with a tasty Asian sauce is a great vegetarian substitute for protein.

Be sure to purchase the firm tofu so it doesn't break apart.

If the sauce gets too thick just reheat it gently or add a little more maple syrup.

1. Cut the tofu into six equal squares.

2. Lightly coat a nonstick skillet with cooking spray and set over medium-high heat. Sauté the tofu for 4 minutes per side or until lightly browned. Place on a serving dish and keep warm.

3. To make the glaze, combine the soy sauce, maple syrup and cornstarch in a small saucepan. Whisk together until the cornstarch dissolves. Bring to a boil, then reduce the heat to low and whisk constantly for 2 minutes or until slightly thickened.

4. Pour over tofu and garnish with sesame seeds and cilantro.

Nutritional analysis

Per serving: 115 calories, 7 g protein, 15 g carbohydrates, 0.3 g fibre, 3.6 total fat, 434 mg sodium

Ingredients

- 1 12 oz package firm tofu
- 3 tbsp low-sodium soy sauce
- 3 tbsp maple syrup
- 2 tsp cornstarch
- 1 tsp sesame seeds
- 3 tbsp chopped cilantro

Health Solutions

Become a grill champion

NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

You really ought to know the difference between barbecuing and grilling — if only so you can be pompous and pedantic at your next party. The differences involve time and temperature: grilling uses high heat and a quick cook, while barbecuing is low and slow and often with charcoal rather than gas. Most of us are pressed for time and that means we grill.

Mastering grilling

- Preheat your grill to maximum to heat the grate fully. It doesn't matter what the temperature gauge says, you want your food to hit a red-hot surface so it doesn't stick and it does caramelize quickly.
- Clean, scrape and oil your grill after and before each use. Old food burns and leaves a bitter taste, not to mention potential bacteria.
- Chicken benefits from a quick warm up in the microwave before grilling to ensure that it doesn't dry out before it is cooked through.
- Fish does well on foil or a grill pan that can go straight to the table so you don't leave half of the delicate flesh on the grill.
- Steak does better with a quick marinade or rub, but no salt. Salt draws moisture from the flesh.

When's dinner?

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Calgary Travel Aug 6 - Aug 13/ac	$579

Short Breaks

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INCLUDES accom near Falls Ave. Price per person based on family of 4. Travel Aug 19, 26/ggv.

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INCLUDES accom near attractions. Price per person based on family of 4. Departs Jul 19/swg/ts. ADD *Walt Disney World* Resort 4-Day *Magic Your Way* Base Ticket for $319/adult, $297/child (ages 3-9). BOOK this package based on double occupancy for $539.

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Don't even think of surfing on my turf

The spy who loved my online presence. SurfEasy aims to block third parties from taking a peek at your personal information

TAKARA SMALL
Metro News in Toronto
@takarasmall

Who: SurfEasy

What: Pocket-sized device that protects your personal activity from hackers, advertisers and other unwanted characters (insert Snowden joke here).

Where: 488 Wellington St. W., Toronto

Why: "It's about online privacy. When I started the company it wasn't on many people's radar. But now, we are more aware of the way personal data is being monetized and shared without permission." Chris Houston. CEO SurfEasy

After the world became riveted by the James Bond-esque tale of U.S. whistleblower Snowden, who claims companies such as Facebook and Google are complicit in eavesdropping, Chris Houston saw another opportunity to reach a new audience: the average consumer. SURFEASY

My world, it seems, has gone topsy turvy.

The rock-hard confidence I once felt signing into wireless networks and the occasional public server was shaken by the Edward Snowden coverage, but now, it has fully evaporated.

According to Chris Houston, CEO of SurfEasy, the ease with which advertisers and third parties can access personal information such as browsing history, data and passwords is disconcerting, to say the least. And it's that queasy feeling you get when you realize anyone could be snooping through your online presence that was the company's kickstart.

The Toronto startup launched in 2011 and hopes to help the average person return to the safe days of Internet surfing by using a small USB key the size of a tea bag.

"If you just think about the information that you send across networks, it's scary!" Houston exclaims. "Information that travels across networks, even password protected ones, is vulnerable. You don't know who looks at it, who can see it and share your information, even if you don't want it shared."

And it's not just spies who are interested in protecting their personal information, he explains: adults who shop online, small businesses and parents of small children who don't fully understand online pitfalls, are clamouring to shield their online privacy from prying eyes.

The device is easy to use: plug the USB key into your computer or phone, and you're taken to a virtual private network (VPN) where you can browse as much as you want and it's impossible for your browser or any other company to view your personal data. Another unexpected benefit: you get to mask your geographic location. This means certain content available only to U.S. customers, such as Hulu and Netflix, are accessible.

"There hasn't been anything like this for the mainstream audience before," Houston says.

"We've adapted technologies that have been used by Fortune 500 companies and spies that can protect personal data. We've (now) made that solution accessible to a mainstream audience."

You can purchase the mobile plan (which works on one smart phone or tablet) for $29.99/year or $2.99/month. The Total VPN package (which includes a total of five devices) will set you back $49.99/year or $4.99/month.

E-laborate

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CANADA IN THE TOP TIER: REPORT

ONE OF THE MOST WELL-EDUCATED NATIONS IN WORLD

A recent report from the Organisation for Economic Co-operation and Development (OECD) identifies Canada as one of the most well-educated countries in the world and offers compelling evidence for the value of post-secondary education in the face of ongoing economic uncertainty and increasing global competition for skilled labour.

Education at a Glance 2013, OECD's annual review of education systems around the world, offers a broad range of comparable national education indicators, including indicators on student demographics, the human and financial resources invested in education, the operation of education systems, and the social and economic outcomes of learning.

This year's report highlights Canada's top-tier performance in tertiary education attainment. More than 50 per cent of adult Canadians hold a college diploma or university degree — the highest rate among all OECD countries. By comparison, the OECD average for 2011 was only 32 per cent. Canada has the highest proportion of college graduates (25 per cent). Twenty-seven per cent of Canadians have university qualifications, compared to an OECD average of only 23 per cent.

While Canada continues to lead in overall tertiary education attainment, the rate of growth in the proportion of post-secondary graduates in many other countries is outpacing that in Canada. Canada falls to third place when considering only the younger cohort of adults (those between the ages of 25 and 34) with a post-secondary credential.

WAVEBREAK MEDIA/THINKSTOCK

Over the past few years, data from Education at a Glance have shown just how valuable a tertiary-level qualification can be in difficult economic times. Not only does a college diploma or university degree offer greater lifetime earnings, it also provides a safety net against unemployment. In Canada, the unemployment rate for people with a college or university degree increased by only 0.9 per cent between 2008 and 2011, from an already low rate of 4.1 per cent to five per cent. For those without an upper-secondary or a post-secondary non-tertiary degree, unemployment increased to 11.7 per cent from 9.1 per cent — a much higher initial rate and a much greater degree of job loss over the same period of time.

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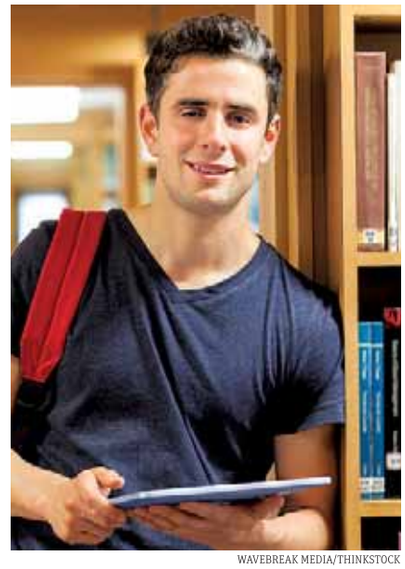
As a career college, triOS is committed to finding the right fit for you. triOS offers many benefits to its students including free Microsoft Professional Suite software in every program, small class sizes, shorter programs so students can become job ready sooner, leading-edge curriculum, internships in most programs, and much more.

You can meet with an education consultant to talk about programs, or even sit in on a few classes to get a better understanding.



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Call 1-888-825-8682 to book an appointment with an education consultant to review your options and find your career path.

Your future is just a call away.

USE SUMMER TO REVISIT CAREER PLAN

Summer is a great opportunity to create or revisit your career plan.

Since the pace of business can slow down in the summer, this affords many the opportunity to take stock of their career and set goals for the coming year.

"During the summer, individuals are often open to meeting for informational interviews," says Allison Quennell, director, executive MBA career services, Rotman School of Management, University of Toronto.

"We've been inside for the winter and making a trek to a local coffee shop is more inviting when the sun is shining."

When reviewing your career plan, Quennell says look at companies you have identified as interesting and compare those to your network. Ask people you know to introduce you to individuals they know at those organizations.

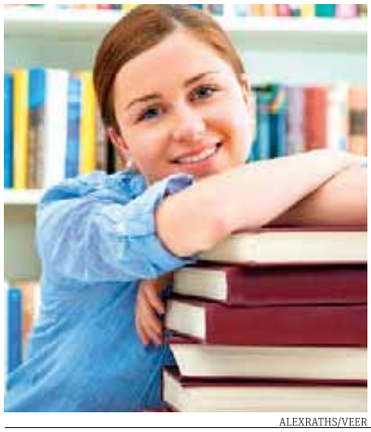
"Once introduced, let the person know you are interested in the organization, perhaps give a reason why, and then ask if they have 20 to 30 minutes to meet for coffee," she says. "Your treat."

Networking is an essential skill in both obtaining employment as well as advancing in a career.

"The more people you connect with and stay connected with, the more opportunities you will uncover," Quennell says.

For more information about Rotman School of Management and its programs, visit rotman.utoronto.ca.

CONTRIBUTED



ALEXRATHS/VEER

SCHOOL EXPERIENCES ARE MORE INNOVATIVE

Half of Canada's undergraduate students participate in an internship or co-op learning experience before they graduate. That's one of the facts about innovation in teaching and learning being highlighted in a new web resource and fact sheet on undergraduate education launched by the Association of Universities and Colleges of Canada.

"Today's university experience is different from that of 10 or 20 years ago in many ways," says Paul Davidson, president of the Association of Universities and Colleges of Canada. "Excellence in teaching and research remains the foundation of undergraduate education, but the way it is delivered is much more innovative and experiential than it has been in the past. Today's undergraduates have unprecedented opportunities to work with employers through internships, co-ops and community service learning, and benefit from practical hands-on research experiences. Students are bringing what they learn in the classroom to the community and industry, gaining experience and building networks that help them transition to rewarding careers."

AUCC's enhanced web resource on innovation in undergraduate teaching and research features case studies, videos, quick facts and related articles and publications. It is designed to share promising practices and new ideas within the higher education community, for the benefit of all Canadians.

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TURN PASSION INTO MUSICAL CAREER

AT CENTENNIAL

Hit the right career notes and turn your passion for music into a meaningful career at Centennial College.

Enrol in the new, three-year music industry arts and performance (MIAP) program this fall and prepare for a wide variety of music-related careers.

"No other music program offers the same blend of performance, creative, contextual, business and technology courses," says Jesse Feyen, program co-ordinator. "There are very few resources out there geared to helping musicians take control of their own careers and find a sustainable role in the music industry."

Feyen, a 15-year veteran of the Canadian music scene, has performed internationally as a soloist and in a variety of popular music groups on drums, keyboards, guitar and vocals. He also holds a PhD in ethnomusicology and is a leading expert on Black Canadian sacred and gospel music.

MIAP will prepare students to be versatile, culturally aware musicians and singers with the technological and business savvy necessary to work in the music industry.

ISTOCKPHOTO/THINKSTOCK

This program is truly for the musically inclined since all candidates must have experience as instrumentalists or vocalists, and must audition to enter the program.

Course work will nurture musicality and creativity, raise awareness of a variety of music cultures, build knowledge of music technologies, and develop business and entrepreneurial skills. Once accepted, students will be mentored by professional musicians during private music lessons and ensemble rehearsals.

In their third year of study, students will choose their specialty in either music creation and business stream, or the music creation and technology steam. From there, students will take part in a six-week work placement in their final semester, giving them real-world work experience.

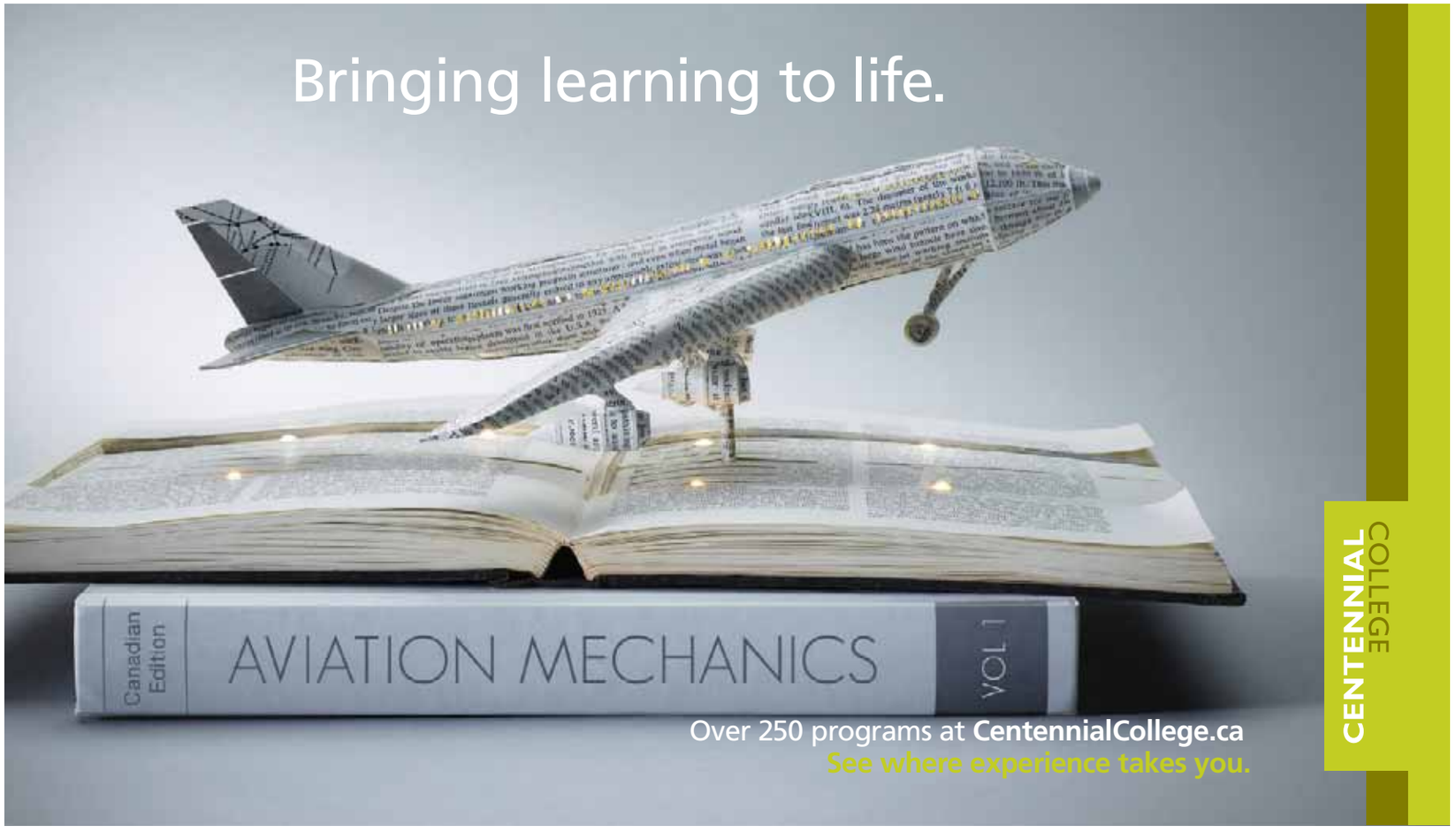
The MIAP program is accepting applications now for fall classes.

For more, visit centennialcollege.ca.

PROGRAM INFO

The MIAP program is offered at Centennial's Centre for Creative Communications in East York, which provides opportunities for collaboration between students of music, film, broadcasting, journalism, advertising and other programs.

Graduates will be prepared to work in music-related fields such as live/studio sound engineering, music management, concert/festival promotion, music marketing and social media, music publishing, arts organizations and more.



Mysterious Jays: It's all right, it's all right ... it's not all right

On edge in T.O. Highly touted club has looked both like a contender and a bottom feeder through first half of 2013

The Toronto Blue Jays have been at their inconsistent best this season.

The optimism that surrounded the team at the start of the year was nearly snuffed out by a terrible start. An 11-game winning streak brought some relief, but the 43-45 Jays are hovering near the .500 mark and need a second-half surge to get in the playoff mix in the AL East.

There have been some big disappointments and some intriguing surprises.

The starting rotation has struggled more often than not. The bullpen — thought to be a soft point at the start of the year — has been dominant.

Sluggers Edwin Encarnacion and Jose Bautista are posting big numbers again but too many weak points remain in the lineup. First baseman Adam Lind is enjoying a bounceback year and shortstop Jose Reyes has impressed with the bat and the glove.

Injuries have taken a big toll and forced manager John Gibbons to be creative.

So is this the squad that was among the worst in the majors to start the season? Or is it the one that looked as if it couldn't be stopped last month?

It's hard to tell.

"Well that little run we made in the last few weeks, we're resilient, we could have disappeared," Gibbons said in a recent interview. "It would have been easy to really just disappear but they didn't do that. They show up to play every day and that's all we can ask for."

The rotation looked so deep in early April but the performances have been so uneven.

R.A. Dickey has only shown flashes of his Cy Young form. Josh Johnson dealt with injuries and has yet to get on track.

Mark Buehrle soaks up innings but often allows a lot of runs. Brandon Morrow was mediocre before going down with a forearm injury and J.A. Happ saw limited action before taking a liner off the head and injuring his knee.

But Gibbons remains optimistic that his team can still move up the division standings.

"We've got to play better than we did in the first half but I expect us to stay in this thing," he said. "But we've got to be solid. We've got to get really good starting pitching and we've got to swing the bats."

THE CANADIAN PRESS

Jose Bautista, left, and Jose Reyes — unlike the Jays' starting rotation — have lived up to expectations on the field so far in 2013. CHRIS YOUNG/THE CANADIAN PRESS

Starting point

"It all starts on the mound with our starting rotation. If they pitch good, we've got a shot."

Jays manager John Gibbons

MLS

Toronto FC mum on Forlan rumours

Toronto FC had little to say Monday in the wake of a story that Uruguayan star striker Diego Forlan was headed to the MLS club.

"Nothing to report," was the official response.

The Globe and Mail, however, said an announcement could come as early as Tuesday when the international transfer window reopens.

THE CANADIAN PRESS

Uruguay's Diego Forlan GETTY IMAGES

Hockey Hall of Fame

Lamoriello hopeful this is Burns' year

Lou Lamoriello gets chills at the suggestion that Pat Burns could be inducted into the Hockey Hall of Fame some three years after his death.

"He loved the game, was very successful at what he did," the New Jersey Devils general manager said of the late head coach. "I would be just ecstatic if Pat went in."

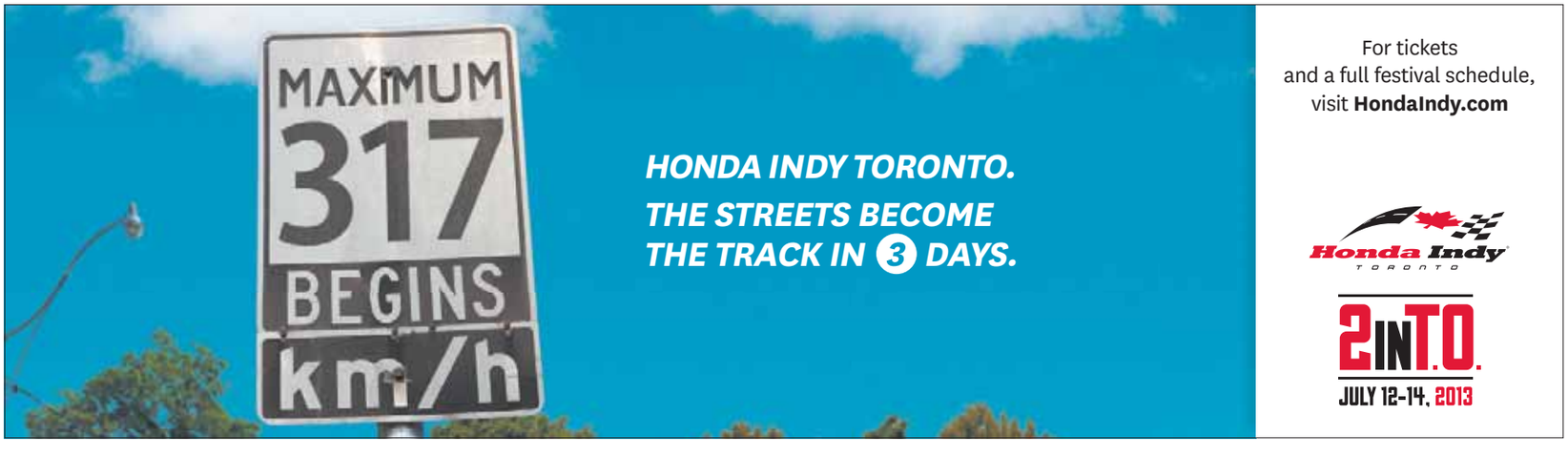
The 2013 class will be announced Tuesday, and Burns is one of a few borderline candidates again, joining the likes of two-time Stanley Cup-winning Philadelphia Flyers coach Fred Shero and Hart Trophy-winner Eric Lindros. A couple of the best defencemen of the 1990s — Chris Chelios and Scott Niedermayer — are favoured to get in, but after that it's up for debate. THE CANADIAN PRESS

MMA

"It will be the biggest fight we've ever done in the UFC."

UFC president Dana White who is already planning a second fight between Anderson Silva and Chris Weidman. Weidman pulled off a stunning second-round upset over UFC icon Silva at UFC 162 on Saturday night in Las Vegas.

4 SPORTS



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Horoscopes

♈ Aries
March 21 - April 20
What you have to do today will only be a chore if you think of it as a chore. Remember too that although your head may be full of big ideas, it's taking care of the little things that makes a difference.

♉ Taurus
April 21 - May 21
You may be a bit old-fashioned in some things but in others you are light years ahead of everyone else and what you dream up today could make you a fortune tomorrow.

♊ Gemini
May 22 - June 21
If you are happy with the direction your life is moving that's great. If, however, you think there is a better route to where you want to go then maybe you should make changes. Think about it today.

♋ Cancer
June 22 - July 23
The planet Mercury rules reason and common sense but as it is currently moving retrograde through your sign it's quite likely that your thinking is a bit mixed up.

♌ Leo
July 24 - Aug. 23
Yesterday's new moon gave your confidence a boost but there is still a lot of hard work to be done before your number one dream can come true. Remember you live in the real world, not a dream world.

♍ Virgo
Aug. 24 - Sept. 23
Over the next few days you will notice an improvement in your affairs, at home and at work. Today though you will have to deal with someone who rubs you the wrong way.

♎ Libra
Sept. 24 - Oct. 23
Be nice to people today but don't go too far or they may see it as a sign of weakness. On the work front especially, you need to look and sound as if you know what you are doing.

♏ Scorpio
Oct. 24 - Nov. 22
There is no point getting involved in a fight you are unlikely to win. It's all about percentages: If the odds are stacked against you then why waste time and energy trying to improve them? Move on.

♐ Sagittarius
Nov. 23 - Dec. 21
The planets warn this is not a good day to take chances with money. Mercury's deceptive influence will encourage you to take a risk that could end in disaster. Steer clear.

♑ Capricorn
Dec. 22 - Jan. 20
What starts out as a simple conversation could quickly degenerate into a severe disagreement, but now you know that you will resist the urge to tell people why they are wrong and you are right.

♒ Aquarius
Jan. 21 - Feb. 19
You may have checked the facts of a situation already but check them again. Today's Sun-Mercury link makes it easy to overlook something small that is of huge importance.

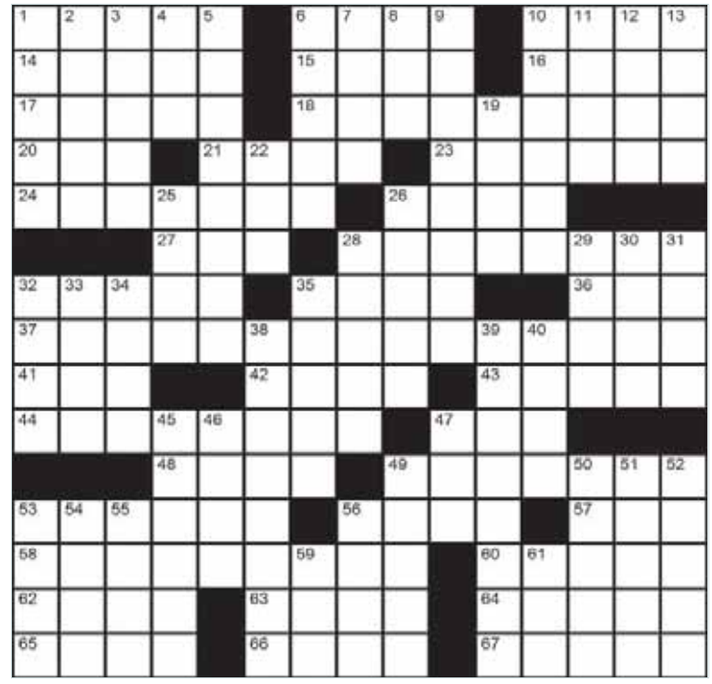
♓ Pisces
Feb. 20 - March 20
The good news just keeps on coming! What you hear today will cheer you up but if you are smart you will realize it is not quite as amazing as some people claim.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

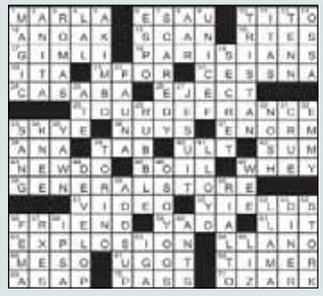
BY KELLY ANN BUCHANAN



Across
1. Wedding gown neckline, __-catcher
6. Wagon
10. The Dalai __
14. Exterior
15. Repenter
16. Santa __ (Hot winds)
17. Change __ _ prince (Be the fairy tale frog, do this)
18. Winnipeg Blue Bombers home, __ Group Field
20. Whopper
21. Biblical verb
23. Have _ __ (Show mercy)
24. Military†rank signifiers
26. Our version of the CIA
27. Elton John's title
28. RCMP officers
32. Own up to
35. Luxury label
36. Eggs, Latin-style
37. 'The Godfather of Canadian Hip-Hop': 3 wds.
41. Hockey great Bobby
42. Klutzes
43. Suppress
44. Cowboy hats
47. Merriment
48. Let up
49. Nickname of the Toronto Argonauts
53. Declare
56. Wheat __
57. Whitesnake hit: "Here _ __ Again"
58. Governor General of Canada from 2005 to 2010, __ Jean
60. Rankin __, Nunavut
62. Sister on "Charmed"
63. Origin
64. Spicy sauce
65. __ orders, as on menus
66. Some sandwiches
67. Big name in hotels

Down
1. Springs
2. Put the machine to use: 2 wds.
3. Speak
4. __ periculo (At my own risk, in Latin)
5. Actor in Shania Twain's "That Don't Impress Me Much": 2 wds.
6. Illusionist Mr. Angel
7. Uncle's wife
8. Increase, with Up
9. Pirate's hoard
10. Most recent
11. Old World buffalo
12. Dave __ (1965 PGA Championship winner)
13. Legal drama job, __. DA
19. Knee-to-ankle midpoint
22. Poet's 'over'
25. Egyptian goddess
26. Beer brand, __ Light
28. Annoys
29. Des Moines' state
30. Pre-day nights
31. Beauty pageant contestant's accessory
32. Book of __ (Old Testament book)
33. Pub game prop
34. Mother: French
35. Halifax-born singer, Melanie __
38. Alarm clocks on farms
39. BC community called the 'Outdoor Recreation Capital of Canada'
40. Actress, Helen __
45. Small chuckle
46. Cake make, __ Lee
47. Pro
49. Red veggies
50. Ms. Jovovich of movies
51. Discharge
52. __ __ home (Out)
53. Rocker's speakers
54. iPhone's voice-activated helper
55. Gulf War missile
56. Clump
59. Mr. Ferrigno
61. Yea's opposite

Yesterday's Crossword



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How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1		8		2		4	7	
	7	6						
			4					3
5		4	1					
8			6		2			5
					7	2		4
9					4			
						3	5	
	6	2		5		8		1

Yesterday's Sudoku

1	3	7	8	9	6	4	2	5
2	5	8	1	3	4	7	6	9
6	4	9	2	5	7	3	8	1
4	1	5	9	8	3	2	7	6
3	9	2	7	6	1	5	4	8
8	7	6	4	2	5	9	1	3
9	8	1	5	4	2	6	3	7
5	6	4	3	7	8	1	9	2
7	2	3	6	1	9	8	5	4

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Wednesday
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Thunderstorms
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